

My Powerful Parachute

Part 1 Discuss the pictures below.

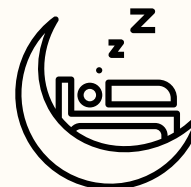
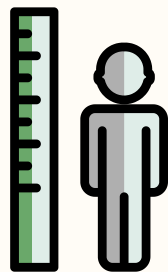
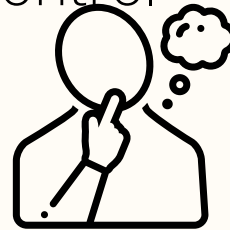
Which ones do you think **we can control** and which ones do you think **we can't control**?

Next, cut them out and sort them into two piles:



Pile A Things I can control

Pile B Things I can't control



Powerful Parachute

Part 2 Here we've converted the pictures into words - you might have come up with something different! There is no such thing as the right answer with this task, just your interpretation!

Most importantly, Little-Tweaks hopes the pictures **spark family discussion about what we can and can't control!**



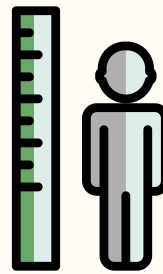
Sharing our smiles



How we sleep



Being grateful



Our height



Helping others



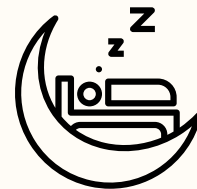
Being mindful



Washing



What other's think



When we sleep



Weather



Information on and offline



How we play



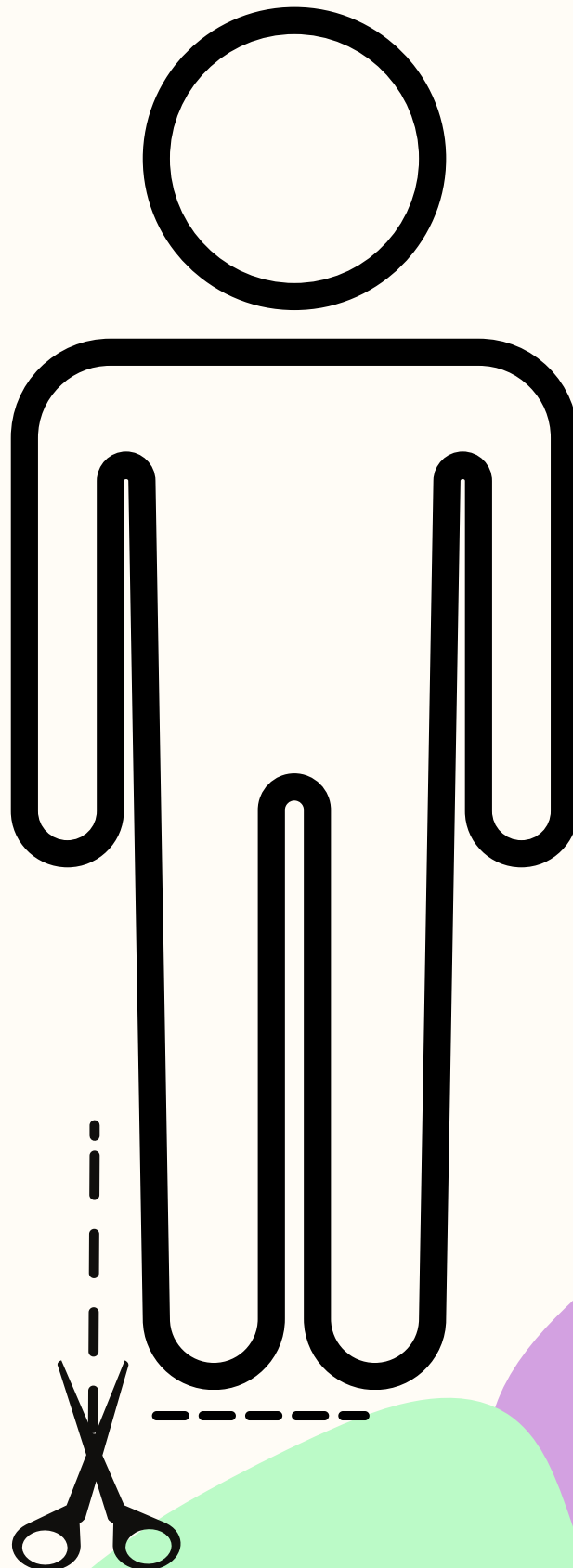
Taking part



Showing love and affection


Powerful Parachute

Part 3 Draw a parachutist or use the template below and cut along the outline. Next, decorate your parachutist ready for their flight!



Powerful Parachute

Part 4 Things I cannot control
(I will let go of these.)



I will place the pictures
of the things I can
control here and attach
these to my parachutist
- they fly everywhere
with me!

Powerful Parachute

Part 5 Make your parachute!

You will need:

- Tissue paper in different colours
- String
- Sticky tape

